

GSF Hospitals Programme

Improving end of life care in acute and community hospitals



An invitation to join the GSF Hospital Programme for Acute and Community Hospitals



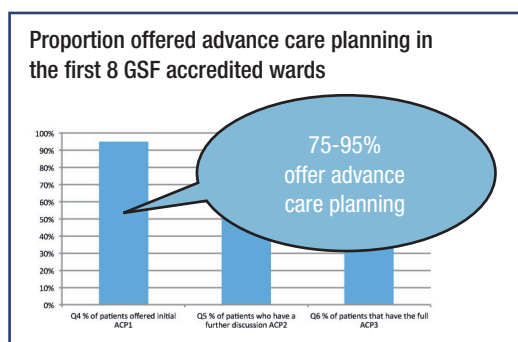
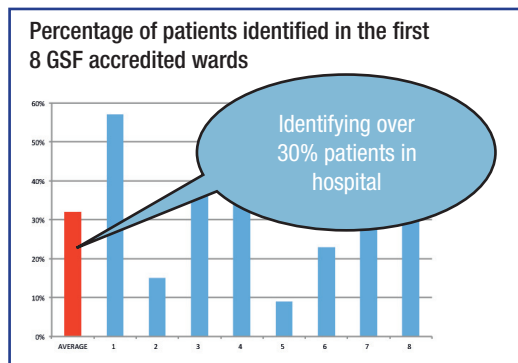
Improving End of Life Care in hospitals is recognised as being crucial to enhancing care for the wider population. With earlier identification of patients in their last year of life and more advance care planning, there can be better quality of care for patients, fewer hospital deaths, readmissions and hospital bed days, more enabled to die at home, with consequent improved bed access and cost savings. GSF can be part of the solution for your hospital, and GSF can help you improve your CQC ratings in EOLC, as many hospitals have already found. **JOIN US IN THE NEXT PHASE OF THE GSF HOSPITALS PROGRAMME**

The widely used, evidence-based GSF Hospital Programme in End of Life Care has since 2008 been used in over 43 acute and 50 community hospitals, involving hundreds of ward teams, with 12 hospitals using GSF throughout their whole hospital. GSF Accreditation with the Quality Hallmark Award is co-badged by the British Geriatrics Society and Community Hospital Association. GSF is comprehensive, tried and tested, recognised by CQC and builds on the widespread use of GSF in the community, so enhancing integrate cross boundary care. We now invite you to join the next phase of the GSF Hospital programme to improve end of life care in your hospital as part of this national momentum of best practice in end of life care.

The Gold Standards Framework Hospitals Training and Accreditation process is recognised by CQC and is the only CQC approved Information Source for End of Life Care for acute and community hospitals

GSF Accredited Hospital wards

- 1. Enabling generalists** – so more appropriate referrals to specialists
- 2. Proactive** – with early Identification of over 30% patients, in line with evidence
- 3. Patient-centred** – offering early advance care planning discussions to all, improving discharges, decreasing complaints
- 4. Decrease hospitalisation** – decrease length of stay, readmissions and hospital deaths, enabling more to die at home if they choose
- 5. Cross-boundary Communication** – improving communication with GPs, inclusion on their GSF registers, enabling earlier proactive care
- 6. Improve CQC rating and culture of care** by ensuring end of life care is everyone's business



CQC now officially recognises GSF Accreditation. GSF can support your staff, provide high quality end of life care for all your patients, and help your CQC assessment.

"I do believe, if people are doing the things that are in GSF, they will find that they come out very well on CQC inspections – it is an approach that could help people get to being good... and then outstanding."

Prof Sir Mike Richards
CQC Chief Inspector giving GSF Awards



We are now able to offer the successful step-by-step GSF programme in different ways:

- 1 STANDARD OPEN programme** – local EOLC ward leads attend 6 workshops over 2 years at a central venue along with those from other hospitals – includes all resources, teaching, personalised coaching and evaluations, showing progress and standards in preparation for accreditation, plus optional visits as required.
- 2 Whole hospital Commissioned programme based at your hospital** – for multiple wards, Community hospital projects, in which the GSF team deliver the programme in your hospital to your ward leads, including medical staff, making it more accessible and embedded.
- 3 BESPOKE flexible programme for hospitals** – tailored to your needs and requirements for EOLC training and service improvement for your hospital, working with your palliative care teams, plus visits, dependent on requirements.



What's special about the GSF Hospitals Programme in EOLC?



British Geriatric Society endorses the GSF in Acute Hospitals Programme and the Community Hospital Association endorses the GSF Programme in Community Hospitals



"The BGS are delighted to work with the GSF Team to help drive up standards of care across the country by supporting the GSF accreditation process and Quality Hallmark Award for End of Life Care. In working together, we think this will help raise the profile of end of life care in hospitals, and support geriatricians and others to provide more proactive quality care for the 30% of hospital patients considered to be in the final year of life." National Clinical Director NHSE, Consultant Geriatrician, Martin Vernon



How the GSF Programme can help your hospital:

- GSF is the **most widely used EOLC framework**, with a strong evidence base for its effectiveness used in different settings for almost 10 years in hospitals.
- GSF will help you improve the **quality of end of life care for the 30% of your patients** in their last year of life in your hospital.
- GSF enables more **proactive care provided by your generalist staff**, working in collaboration with specialist teams, delivering more **person-centred** care, tailored to patients' needs and wishes, enabling more to live and die where they choose.
- It is the only programme with quality assurance **ACCREDITATION and the GSF BGS or GSF CHA Quality Hallmark Award, recognised by CQC.**
- It helps improve **staff confidence, patient satisfaction and helps to reduce length of stay.**
- It provides a **structured approach** to improve end of life care for the whole population of patients in their last year of life, and works in a complementary way with other tools (e.g. Transform, AMBER care bundle etc.).
- GSF improves earlier **recognition of patients (over 30%)** and inclusion on the register/EPaCCS and offering **Advance Care Planning**, reducing **hospitalisation/bed days.**



"GSF has helped the staff both clinical and non-clinical to recognise patients early and continue with conversations around ACP and PPC working closely with the community."

Morecambe Bay GSF Lead

"Implementation of GSF is encouraging a systematic approach to recognising those patients in hospital who might be in their last year of life, leading to more proactive care and opportunities for people to consider and express their wishes and preferences."

Dr Clare Marlow, Consultant in Palliative Medicine, Wolverhampton Hospital

Evidence of improvement from previous phases

- Systematic proactive end of life care for all
- Better CQC assessment reports on EOLC
- Earlier recognition of more patients in last year
- More advance care planning discussions
- Decreased length of stay and more rapid discharges
- Better communication with GPs, care homes etc.
- Better cross boundary care with community
- Better staff confidence and feedback from carers

What is included in the GSF programme?

- 1 Training – Six structured interactive workshops** sharing good practice and step-by-step progress.
- 2 Tools and resources –** All resources required including teaching materials, posters, DVDs, leaflets, ward folders, good practice guides etc.
- 3 Measures –** Intrinsic evaluations showing benchmarked change and progression over time, alignment with national targets and progression to independent accreditation.
- 4 Support –** individualised coaching, visits, bespoke training, calls and project management including training and Grand Rounds focussed on doctors.



We offer the full 2 year step-by-step programme, for wards or whole hospital, leading to Accreditation or a tailored programme to meet your local EOLC needs, building on your CQC Inspection reports.

For further information or a discussion please contact
The Gold Standards Framework Centre on:

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